

**HOUSTON PANAHELLENIC COUNCIL**

**2024 RECRUITMENT  
LOOKBOOK**



**ΑΧΩ ΧΩ ΔΓ ΔΖ ΦΜ ΖΤΑ**



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# WELCOME TO GREEK LIFE!

We are the Houston Panhellenic Council here at the University of Houston. We are the governing body of 6 National Panhellenic Conference Sororities (NPC).

When women accept a bid to any one of our chapters they contribute in an incredible community and build life long relationships, no matter where they find their home!



# A MESSAGE FROM VP OF RECRUITMENT:

Dear Future Panhellenic Sister,

I am thrilled you've chosen to embark on this lifelong journey. Coming from a family with no Greek life legacy, I was nervous too, but joining Greek life at UH has been one of the best decisions I've ever made. It has given me confidence, unforgettable friendships, and incredible experiences. As VP of Recruitment, my goal is to give back to the community that has given so much to me. The Recruitment team, Panhellenic Exec, and all Panhellenic women at the University of Houston have been working hard to make this the best experience for you. My advice is to TRUST THE PROCESS and be true to YOURSELF. Everything happens for a reason, and the effort you put into recruitment and your time at UH will be rewarded. This book contains information about being a sorority woman, facts about our chapters, and details about the recruitment process. If you have any questions, please reach out. We can't wait to meet you and hope you have an amazing experience!




With Love,

*Livia Rosario*


Livia Rosario

HPC VP of Recruitment

[hpc.recruitment.uh@gmail.com](mailto:hpc.recruitment.uh@gmail.com)



# 2024 RECRUITMENT SCHEDULE



**Sept. 12th**

**Registration Closes @ 11:59pm**

Visit [uhpanhellenic.com](http://uhpanhellenic.com) for registration information!

**Sept.  
5th, 11th, & 13th**

**Mandatory PNM Orientations**

\*PNMs must only attend one orientation date\*

Orientation allows PNMs to meet their RCs and group members while learning about the recruitment process, round details, and recommended attire. This meeting helps PNMs feel comfortable with each other and the process. Casual and comfortable attire is recommended!

**Sept.  
19th & 20th**

**Sisterhood Round**

@ Student Center South Houston Room (Timing TBD)

**Sept. 21st**

**Philanthropy Round**

@ Student Center South Houston Room (Timing TBD)

**Sept. 22nd**

**Preference Round**

@ Student Center South Houston Room (Timing TBD)

**Sept. 23rd**

**BID DAY!!**

@ Lynn Eusan Park/Bayou Oaks Pit (Timing TBD)

More information and details regarding orientation & each round of primary recruitment available on our website: [uhpanhellenic.com](http://uhpanhellenic.com)

# CENTER FOR FRATERNITY & SORORITY LIFE



**Cassandra Joseph**

CFSL Director



**Khristian Royster**

CFSL Assistant Director  
Houston Panhellenic Council  
Advisor



**Melina Barboza**

Fraternity/Sorority Housing  
Coordinator  
HPC Recruitment Advisor



**Jazlyn Young**

Graduate Assistant



# GREEK COUNCILS & ORGANIZATIONS AT THE UNIVERSITY OF HOUSTON

## Houston Panhellenic Council (HPC)

Panhellenic is the governing body for 6 of the 26 national/international sororities that belong to the National Panhellenic Conference (NPC). Panhellenic sponsors coordinate Primary Recruitment each fall semester. Panhellenic women at UH have higher average GPAs than the all-women's average at UH. Our mission as an organization is guided by our Panhellenic creed, as well as our four purposes: we are leaders, we are students, we are philanthropists, and we are sisters.

## Interfraternity Council (IFC)

The Interfraternity Council at the University of Houston is a self-governing organization of 11 North-American Interfraternity Conference (NIC) and historically-NIC fraternities that promote chapter collaboration and unified fraternal action. With some of the most prestigious national organizations in the University of Houston Greek community, IFC strives to build a stronger community by providing leadership, educational, and intramural opportunities for all of its chapter members.

## Multicultural Greek Council (MGC)

Founded on the University of Houston campus in 2003, MGC governs 11 culturally-oriented and faith-based fraternities and sororities. MGC sponsors community service projects and leadership development for its member organizations, in addition to creating policies that govern each of the participating chapters.

## National Pan-Hellenic Council (NPHC)

The National Pan-Hellenic Council is the governing body for the "Divine Nine" historically African-American fraternities and sororities. NPHC aims to unify the eight member organizations represented on the UH campus through an emphasis on community service, academics, leadership development, and collaboration.

## United Greek Council (UGC)

The United Greek Council (UGC) is the governing body for special interest and cultural/identity-based fraternities and sororities that seek to promote diversity, unity, and cohesion while highlighting their uniqueness and added value to the University of Houston campus. UGC encourages scholastic achievement among its member organizations and provides a forum for discussion of general concerns, issues, and topics that affect member organizations.





## **THE PANHELLENIC CREED**

We, as Undergraduate Members of women's fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities.

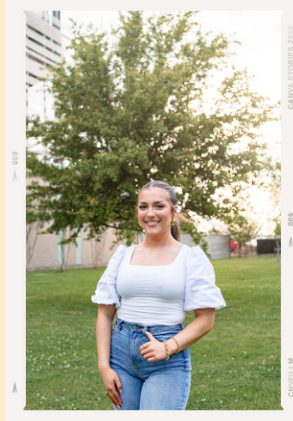
We, as Fraternity Women, stand for service through the development of character, inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.



# MEET THE PANHELLENIC EXECUTIVE BOARD



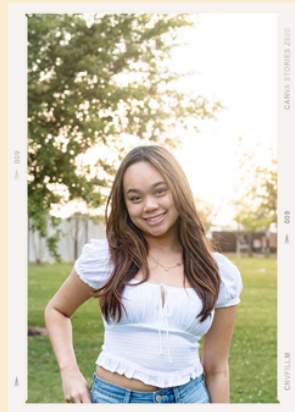
**Frida Mitterhofer**  
President



**Livia Rosario**  
VP of Recruitment



**Uma Patel**  
VP of Finance



**Andrea Veerachalee**  
VP of Administration



**Katie Cao**  
VP of Development



**Kelsea Tipping**  
VP of Judicial Affairs



**Yzella Perez**  
VP of Equity & Inclusion



**Gizzelle Bolanos**  
Asst. VP of Recruitment



# VALUES-BASED RECRUITMENT

We operate under the ideology of values-based recruitment in our Panhellenic community. We encourage conversations between members and potential new members to focus on organizational values, benefits, and the obligations of sorority membership.

The primary recruitment process consists of three structured rounds designed to show you what each sorority has to offer. You will have the chance to meet current sorority women in each chapter, so take the time to get to know them and ask questions about activities, financial obligations, scholarships, and campus life.



Potential new members and chapter members should get to know each other well enough to take the first step toward an important life choice. We encourage you to consider which chapters have values that align with your own and what values you hope to strengthen during your time in college as you move through the recruitment process.

# MUTUAL SELECTION STATEMENT



Primary Recruitment follows a mutual selection process. After each round (Sisterhood, Philanthropy, & Preference), you will rank the chapters you visited. Take detailed notes about your feelings and conversations to help decide which chapters best fit your values and interests.

You'll receive a schedule of chapters to attend the next day from your recruitment counselors. You must attend every party on your schedule unless extenuating circumstances arise.

Sororities also limit the number of women they invite back, so you might not be selected for the next round. This doesn't mean the chapter didn't enjoy meeting you. Keep an open mind, as you may find your home in an unexpected chapter.

After the Preference round, you'll rank up to your top two sororities. Your preferences will then be compared with the sororities' preferences.

# POTENTIAL NEW MEMBER BILL OF RIGHTS

- The right to be treated as an individual.
- The right to be fully informed about the recruitment process.
- The right to ask questions and receive true and objective answers from recruitment counselors and members.
- The right to be treated as a capable and mature person without being patronized.
- The right to ask how and why and receive straight answers.
- The right to have and express opinions to the recruitment counselors.
- The right to have inviolable confidentiality when sharing information with recruitment counselors.
- The right to make informed choices without undue pressure from others.
- The right to be fully informed about the binding agreements implicit in the preference card signing.
- The right to make one's own choice and decision and accept full responsibility for the results of that decision.
- The right to have a positive, safe, and enriching recruitment and new member period.
- The right to not be persuaded by a sorority member to resign her bid to any sorority during her new member period.



# POTENTIAL NEW MEMBER CODE OF ETHICS

- A potential new member (PNM) shall attend recruitment orientation and all membership recruitment events for which she receives invitations.
- Respect for the membership recruitment process is expected at all times. This includes respect toward chapter members, recruitment counselors, Panhellenic officers, faculty and staff, chapter members and other potential new members. PNM's should refrain from sexist, homophobic, racist or otherwise abhorrent conversations.
- I understand my rights under the PNM Bill of Rights and if I experience discrimination I know how to report it to the College Panhellenic Vice President of Recruitment.
- Potential new members as well as sorority members must do their best to not touch or shake hands in any way. This helps prevent the spread of illness.
- Membership recruitment is a substance-free process. Women may not use or be under the influence of drugs or alcohol during recruitment events.
- Potential new members should be fully aware of the financial obligations of membership before accepting a bid. It is to the PNM's advantage to ask questions during recruitment events if there are questions about finances.
- Potential new members agree to treat the chapter videos and recruitment parties as confidential.
- Potential new members will not share any video of recruitment events, including a video in its entirety, or recordings, clips, screen shots, and/or quotes from video or recruitment events. Potential new members understand that any breach of this agreement could result in disciplinary action.
- Potential new members understand that if they sign a Membership Recruitment Acceptance Binding Agreement (MRABA) after preference round, they are bound to that document and the chapter that extends them a bid. This means that the PNM is ineligible for an invitation to membership from another NPC organization until the next primary recruitment on that campus.

# STATEMENT OF DIVERSITY, EQUITY, & INCLUSION



The Panhellenic Women of the University of Houston strive for diversity, equity, and inclusion above all else. We believe that our strength lies in our diversity and are committed to fostering an inclusive environment where every voice is heard and valued. We celebrate the unique backgrounds, cultures, and perspectives that each member brings to our sisterhood. We aim to create a welcoming environment that celebrates each sister's diverse background by educating, supporting, and retaining open lines of communication throughout our chapters.

Together, we can better our community through the promotion of education.

It is our responsibility to not only educate ourselves but to educate one another on diversity, equity, inclusion, and accessibility. As Panhellenic women we are brave, bold, and kind to all individuals, committed to making a positive impact at the University of Houston.



Statement provided by  
HPC VP of Equity and  
Inclusion, Yzella Perez,  
along with the  
collaboration of our  
chapters' DEI chairs.

[hpc.equity.uh@gmail.com](mailto:hpc.equity.uh@gmail.com)

# BENEFITS OF SORORITY LIFE

## SCHOLARSHIP

As sorority women at the University of Houston in 2024, we value scholarship as part of our organization. We strive for academic excellence and prioritize our educational experience in order to set a positive example within our chapters. Academic achievement not only enhances our personal growth but also prepares us for future professional success.



**Haley Woodall**  
**VP of Membership, Delta Zeta**

## PERSONAL DEVELOPMENT

Being a part of a sorority can teach you so much about yourself and help you develop into a stronger version of yourself! Being part of a sorority has helped me become a better person, make new friends and helped me develop leadership skills that I can not only use in our Greek community, but also at work and in my classes as well.

**Fernanda Najera**  
**Membership Director, Phi Mu**



## PHILANTHROPY

By actively engaging in philanthropic activities and community service projects to make a positive impact on our society, it instills a sense of social responsibility and compassion among all members of sorority life.



**Lauren Lacson**  
**VP of Recruitment, Alpha Chi Omega**



# BENEFITS OF SORORITY LIFE

## SISTERHOOD

Sisterhood is the foundation of being in a sorority. When life and school becomes stressful, it is so gratifying to know that you will be seeing your best friends at Monday chapter, or that you have an entire group of girls ready to accompany you in getting a sweet treat! I love that I have made everlasting friendships with women whom I share values with, and despite our unique personalities, we connect effortlessly and support each other wholeheartedly.

**Iman Shoukry**

**Recruitment Chair, Chi Omega**



## LEADERSHIP

Joining as a Freshman in college to now entering my senior year, I have grown so much, and I dedicate a lot of that to Delta Gamma. There are so many opportunities to take on a leadership position. We uplift each other and help develop characteristics of strong women.

**Marisol Foster**

**VP of Recruitment, Delta Gamma**



## NETWORK

Being part of a sorority offers a valuable selection of connections that can be beneficial for personal and professional development. Sororities have access to a diverse group of individuals with a wide range of values, interests, and expertise, providing opportunities for members.

**Teddie Hall**

**Recruitment Chair, Zeta Tau Alpha**



# TIPS & ADVICE FOR A SUCCESSFUL RECRUITMENT

✦ Be confident in who you are and the values you hold.

✦ Have fun throughout the journey, form friendships, and take the weekend one moment at a time.

✦ Ask meaningful questions, this is a time for you to get to know the sororities just as much as it is a time for them to get to know you!

✦ Think about the connections and conversations you have with active chapter members, these women will be the foundation of your college and sorority experience.

✦ Confide in your Recruitment Counselors. They are there to help you and want to see you end up where you belong!

✦ Choose outfits and accessories that show your personality but are comfortable.

✦ Stay well rested, stay hydrated, and fuel yourself during the recruitment weekend that way you feel your best and stay energized!

✦ If you have a good connection with a chapter express those feelings and interest during the round or follow up rounds!

# TIPS & ADVICE FOR A SUCCESSFUL RECRUITMENT

✦ Try to find the place you feel the most comfortable being your true and authentic self.

✦ Relax. Everyone is as nervous as you are! The more relaxed and patient you are throughout the whole process the better the end result will be.

✦ Trust the process and keep a level head, you will end up where you are suppose to be.

✦ Have a smile on your face and be yourself, chapters & chapter members will love you for who you are.

✦ Form your own opinions based on conversations you have with individual members. Try to avoid rumors, material items, etc.

✦ Don't feel pressured to join a particular chapter because a friend, sibling, or parent. Make this experience your own!

✦ Keep notes on your conversations, thoughts, and feelings throughout the weekend. This will help you make the best decision and will also be great to look back at, a year from now.



Tips and advice given by  
Recruitment Counselors.

# FINANCIAL TRANSPARENCY

As a member of a Panhellenic organization you will be required to pay dues. These dues, which are local and national, help Greek organizations run the way that they do.

As a council, we strive in educating all potential new members in the financial requirements and commitments of each chapter at the University of Houston.

## FAQs

### How much are dues?

During your new member semester, dues will range from \$870-\$1300, depending on the organization. Once you become an initiated/active member, your dues will decrease, ranging from \$670-\$830.

### Do I have to pay the total amount at one time?

Many of our chapters allow new and active members to separate dues into multiple payments. Each chapter has a finance officer to help you if needed, but it is important to ask those questions prior to accepting a bid.

### What do my dues pay for?

National dues contribute to organization support programs, historical preservation, and much more. Local or chapter dues help your chapter host programming & social events, provide supplies for the chapter hours, t-shirts and more!

Please be aware that although your chapter dues cover a lot of different costs, there may be additional costs that arise every now and then!







MEET OUR CHAPTERS



AXA  
S  
X  
S  
AT  
Z  
OMIA



# ALPHA CHI OMEGA

*Gamma Upsilon*



## **COLORS:**

Olive Green & Scarlet Red

## **SYMBOLS:**

Lyre, Red Carnation, & Pearls

## **FOUNDING YEAR:**

1885

## **UH CHARTER YEAR:**

1956

## **NATIONAL PHILANTHROPY:**

Domestic Violence Awareness

## **LOCAL PHILANTHROPY:**

Aid to Victims of Domestic Abuse

## **CORE VALUES:**

Academic Interest, Personal Development, Character, Leadership, Financial Responsibility

**“TOGETHER LET US SEEK THE HEIGHTS”**

# ALPHA CHI OMEGA

*Gamma Upsilon*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$1,269**

NEW MEMBER DUES	= \$325
BADGE FEES	= \$300
SOCIAL DUES	= \$200
NATIONAL NEW MEMBER FEE	= \$199
NATIONAL SISTERHOOD PACKET	= \$25
NATIONAL CERTIFICATE & BOND CARD	= \$10
NATIONAL DUES & FEES	= \$130
FACILITY FEES	= \$80

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$800**

**# OF SHIRTS INCLUDED: 3**

### **SCHOLARSHIPS OFFERED:**

Scholarships are only offered for active members.

### **PAYMENT PLANS OFFERED:**

Payment plans can be made available to all members.  
Both new members and active members have the option split their dues into three installments.

### **TIME COMMITMENT:**

New Members = 8 hours/week  
Active Members = 10 hours/week

### **GPA & ENROLLMENT**

### **REQUIREMENTS:**

Cumulative GPA of 2.5 & enrolled in a minimum of 12 hours





# CHI OMEGA

*Psi Zeta*



**COLORS:**  
Cardinal & Straw

**SYMBOLS:**  
Owl, Skull, & Crossbones

**FOUNDING YEAR:**  
1895

**UH CHARTER YEAR:**  
1956

**NATIONAL PHILANTHROPY:**  
Make-a-Wish

**LOCAL PHILANTHROPY:**  
Make-A-Wish Texas Gulf Coast and Louisiana

**CORE VALUES:**  
Friendship, High Standards of Personnel, Sincere Learning and Creditable Scholarship, Participation in Campus Activities, Career Development, & Community Service

**“SISTERS ON PURPOSE”**



# CHI OMEGA

*Psi Zeta*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$1,215**

CHAPTER SEMESTER DUES	= \$540
NATIONAL DUES/RISK MANAGEMENT	= \$135
NEW MEMBER FEE	= \$75
INITIATION FEE	= \$125
BADGE FEE	= \$190
HOUSE CORP	= \$150

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$690**

**# OF SHIRTS INCLUDED: 4-6**

### **SCHOLARSHIPS OFFERED:**

Scholarships are available for active members, only. There are about 20 different scholarship opportunities for active members, ranging from nation to local.

### **PAYMENT PLANS OFFERED:**

Payment plans are available for both new members & active members. They include monthly installments over the course of four months.

### **TIME COMMITMENT:**

**New Members** = 1.5 hours/week minimum, + 2-3 hours that are optional (sisterhood events, etc)  
**Active Members** = 1.5 hours/week minimum, + 2-3 hours that are optional (sisterhood events, etc)

### **GPA & ENROLLMENT REQUIREMENTS:**

Cumulative GPA of 2.75 & Enrolled in a minimum of 12 hours



# DELTA GAMMA

*Gamma Sigma*



## **COLORS:**

Bronze, Pink, & Blue

## **SYMBOLS:**

Anchor

## **FOUNDING YEAR:**

1873

## **UH CHARTER YEAR:**

1956

## **NATIONAL PHILANTHROPY:**

Service For Sight

## **LOCAL PHILANTHROPY:**

The Houston Lighthouse

## **CORE VALUES:**

Friendship, Education and Cultural Interest, Social Responsibility, & Character

**“DO GOOD”**



# DELTA GAMMA

*Gamma Sigma*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$862**

CHAPTER DUES	= \$308
CAMPUS PANHELLENIC DUES	= \$12
PER CAPITA DUES	= \$97
GREEKBILL FEE	= \$34
TECH FEE	= \$22
SOCIAL ACTIVITIES	= \$191
NATIONAL PANHELLENIC FEE	= \$5
HOUSING FEE	= \$117
NEW MEMBER FEE	= \$48
INITIATION FEE	= \$145

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$669**

**# OF SHIRTS INCLUDED: 4**

**SCHOLARSHIPS OFFERED:**

Scholarships are available for active members, only. There are four scholarships available.

**PAYMENT PLANS OFFERED:**

Payment plans are available for both new members & active members.

They include yearly, semesterly, and monthly (over the course of seven months)

**TIME COMMITMENT:**

New Members = 5 hours/week  
Active Members = 3 hours/week

**GPA & ENROLLMENT REQUIREMENTS:**

College GPA of 2.35, HS GPA of 2.8 & Enrolled in a minimum of 9 hours



# DELTA ZETA

*Delta Theta*



## **COLORS:**

Rose & Green

## **SYMBOLS:**

Pink Killarney Rose, Diamond, Turtle,  
& Roman Lamp

## **FOUNDING YEAR:**

1902

## **UH CHARTER YEAR:**

1956

## **NATIONAL PHILANTHROPY:**

Hearing and Speech

## **LOCAL PHILANTHROPY:**

Texas Hearing Institute

## **CORE VALUES:**

Friendship, Curiosity, Generosity,  
Community, Empowerment, & Belonging

**“WALK TRULY IN THE LIGHT OF THE  
FLAME”**



# DELTA ZETA

*Delta Theta*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$922**

CHAPTER DUES = \$585

(\$195 PER MONTH, FOR 3 MONTHS)

NEW MEMBER FEE = \$45

INITIATION FEE = \$85

BUILDING FUND FEE = \$50

BADGE FEE = \$157

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$780**

**# OF SHIRTS INCLUDED: 3-4**

### SCHOLARSHIPS OFFERED:

Scholarships are available for active members, only, through the Delta Zeta Foundation.

### PAYMENT PLANS OFFERED:

Payment plans are available for active members and can be individualized based on the active members financial needs.

### TIME COMMITMENT:

New Members = 2-4 hours/week  
Active Members = 3-5 hours/week

### GPA & ENROLLMENT

### REQUIREMENTS:

Delta Zeta has no minimum GPA; however, all members must be in good standing with the University & enrolled in a minimum of 10 hours.



# PHI MU

*Alpha Pi*



**COLORS:**

Rose & White

**SYMBOLS:**

Quatrefoil, Lion, Rose Carnation

**FOUNDING YEAR:**

1852

**UH CHARTER YEAR:**

1956

**NATIONAL PHILANTHROPY:**

Children's Miracle Network Hospital

**LOCAL PHILANTHROPY:**

Dec My Room & Texas Children's Hospital in the Medical Center

**CORE VALUES:**

Love, Honor, & Truth

**“THE FAITHFUL SISTERS”**



# PHI MU

*Alpha Pi*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$1134**

PROVISIONAL NEW MEMBER FEE	= \$49.50
NATIONAL OBLIGATION FEE	= \$101
FOUNDERS DAY PENNIES	= \$1.71
LOCAL PANHELLENIC FEE	= \$12
INITIATION BADGE	= \$100
PARLOR FEE	= \$45
INITIATION FEE	= \$150
SOCIAL FEE	= \$10
FUTURE FEE	= \$30
HOUSING & DECORATING FEE	= \$150
NPC FEE	= \$5
MONTHLY DUES	= \$480

(\$120 PER MONTH, FOR 4 MONTHS)

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$804.71**

**# OF SHIRTS INCLUDED: 3-4**

**SCHOLARSHIPS OFFERED:**

Phi Mu offers between three and four scholarships throughout the semester to all active and new members.

**PAYMENT PLANS OFFERED:**

Phi Mu offers the option for monthly installments for all new members and active members.

**TIME COMMITMENT:**

New Members = 3 hours/week, Active Members = 5-6 hours/week

**GPA & ENROLLMENT REQUIREMENTS:**

Minimum GPA of 2.75 & Enrolled in a minimum of 12 hours





# ZETA TAU ALPHA

*Gamma Omega*



## **COLORS:**

Steel Grey & Turquoise Blue

## **SYMBOLS:**

5 Pointed Crown, Strawberry, & White Violet

## **FOUNDING YEAR:**

1898

## **UH CHARTER YEAR:**

1956

## **NATIONAL PHILANTHROPY:**

Breast Cancer Education & Awareness

## **CORE VALUES:**

Lifelong Learning, Leadership, Responsibility, Being Rather than Seeming, Service and Philanthropy, Seeking Understanding, Humility, Loyalty and Commitment

**“SEEK THE NOBLEST”**

# ZETA TAU ALPHA

*Gamma Omega*

## FINANCIAL BREAKDOWN

**FALL 2024 NEW MEMBER SEMESTER TOTAL: \$1154**

NEW MEMBER FEE	= \$150
INITIATION FEE	= \$150
PER CAPITA	= \$55
SCHOLARSHIP	= \$5
INSURANCE	= \$26
TECHNOLOGY FEE	= \$20
HOUSE RESERVE FUND	= \$85
CHAPTER DUES	= \$442
PANHELLENIC DUES	= \$14
HOUSE PARLOR FEES	= \$167
SPORTSWEAR	= \$40

**FALL 2024 ACTIVE MEMBER SEMESTER TOTAL: \$828**

**# OF SHIRTS INCLUDED: 4-5**

### **SCHOLARSHIPS OFFERED:**

Zeta Tau Alpha has one scholarship application for new members, one for active members, and one for alumnae, all of which can have multiple recipients per chapter depending on the award amount each year.

### **PAYMENT PLANS OFFERED:**

Zeta Tau Alpha offers payment plans for both new members and active members.

New members are offered two installments for dues & active members are offered between three and four installments for dues.

### **TIME COMMITMENT:**

New Members = 2-3 hours/week  
Active Members = 1-2 hours/week

### **GPA & ENROLLMENT REQUIREMENTS:**

Minimum GPA of 2.65 & Enrolled in a minimum of 12 hours.





# WHAT ARE RECRUITMENT COUNSELORS?

The recruitment process is often filled with many emotions. After registering for Primary Recruitment, you will be put into a group with other potential members as well as leaders and mentors, Recruitment Counselors (RCs), who will guide you through the recruitment process. Recruitment Counselors are members of the Panhellenic community that have completed at least 1 academic year as a sorority member. RCs are familiar with both sides of the recruitment process and are trained to answer any questions you may have as well as give you unbiased advice and relieve any pressures you may be feeling.



Your RC is a resource for you, but more importantly she is an impartial listener. You should be able to lean on your RC before, during, and after the recruitment process. Ask her any questions you may have, share your joys, and share your worries. Every Recruitment Counselor has taken the time to serve the Panhellenic council and community because they want the best experience for you!

**For questions more about Recruitment Counselors, contact HPC AVP of Recruitment, Gizzelle Bolanos**  
**[hpc.avprecruitment.uh@gmail.com](mailto:hpc.avprecruitment.uh@gmail.com)**



# RECRUITMENT OUTFIT GUIDE

## Orientation:

Orientation is the most casual events of the recruitment process, as you will not be meeting any chapters or chapter members. We encourage women to wear whatever they feel most **comfortable and confident** in.



## Sisterhood Rounds:

During the primary recruitment process, sisterhood round is of the more casual. HPC will provide all registered potential new members with a shirt to wear during Sisterhood Days 1 & 2. Women are encouraged pair the shirt with bottoms and accessories that make them feel most **comfortable and confident** in.



## Philanthropy Round:

Philanthropy round is more formal than sisterhood round but not as formal as Preference round.

Often we encourage women to wear sundresses, business casual, or rompers; however, it is most important to wear what you feel **elevated, comfortable, and confident** in.



## Preference Round:

Preference round is the most formal and intimate. Women are encouraged to dress in formal attire that allows them to feel **elegant, comfortable and confident**.



## Bid Day:

Bid Day is the most exciting! Women are encouraged to wear neutral, comfortable clothing & shoes. Women will receive a shirt to change into after opening bids!

**Should you have any questions about attire or need outfit inspiration for each round, be sure to reach out to your recruitment counselor!**

# MEMBER RECRUITMENT ACCEPTANCE BINDING AGREEMENT (MRABA)



Please carefully read and understand the following points before you sign your **Membership Recruitment Acceptance Binding Agreement (MRABA)**

- You have the following options when considering your agreement:
  1. You may choose to not complete the agreement at this time.
  2. You may choose to list and rank the women's fraternity/sorority whose preference events you attended and from which you are willing to accept an invitation to membership (a bid).
  3. You may choose to limit your choices to just one or list any women's fraternity/sorority whose preference round you attended and from which you are willing to accept an invitation to membership (a bid). Please understand that by not listing the maximum number of events you attended, you may be limiting your potential to join any other NPC organization should you not be placed with your choice.
- When you sign this agreement you are agreeing to accept an invitation to membership from any NPC fraternity/sorority that you have listed before.
- Once the acceptance agreement has been turned in to the representative of the NPC, it cannot be altered or changed at any point.
- If you receive an invitation to membership (a bid) from any NPC organization that you listed and you decided not to accept it, you will be ineligible to be pledged by any other NPC fraternity/sorority on campus until the beginning of the next primary recruitment period.
- If you do not receive an invitation to membership (a bid) from any NPC organization that you have listed, you will be eligible for continuous open bidding if/when space allows. You must understand that not all NPC organizations will have available spaces for new members for the academic year.

# LIFE AS A FIRST YEAR SORORITY WOMEN

As a new member, there are certain expectations and requirements that all women must meet. Provisional membership timelines vary between each chapter and will be a time of learning, growth, and sisterhood.

During this time you will learn the history, present, and future of the sorority, the expectations of active membership, and the responsibilities of a Panhellenic woman. You will get the first glimpses into a lifetime of friendship and sisterhood. It is important to absorb everything and all of your experiences.

## **NEW MEMBER MEETINGS:**

New members will be required to attend weekly meetings. During these meetings, the sorority's new member educator will offer guidance and help you reflect on your decision to join a Greek organization.

## **NEW MEMBER RETREAT:**

During the provisional membership period, you will be able to attend a retreat that is only for your member class. This retreat will help you to build a bond and grow with the women around you.

## **FINANCIAL OBLIGATIONS:**

As a new member, your dues and fees will be higher than those of active members. Many chapters have a one time national and local fee that members must pay upon gaining membership to that organization.

## **BIG/LITTLE SISTER PROGRAM:**

As a new member, you will be matched with an older member. This member will serve as your mentor and guide through your time in the sorority.

## **INITIATION:**

At the end of your provisional membership, you will participate in a ritual ceremony that, upon completion, will grant you lifetime membership into the organization.

The Houston Panhellenic Council strives to make every year of sorority life a great one; however, we recognize that the first year can be the most exciting and influential of them all. It is important to remember that the provisional membership experience may vary slightly between organizations, but you will enter a new circle of friends and are not only expected to treat everyone with respect but be treated with respect.

Here at the University of Houston, sororities do not condone or participate in any actives which can be classified as hazing.



# A LETTER FROM OUR COUNCIL PRESIDENT:



Potential New Members,

Welcome to recruitment! As the president of the Houston Panhellenic Council, I am thrilled to extend a warm invitation to explore the importance of being in a sorority.

Being part of a sorority goes way beyond just joining a group; it's about finding a sisterhood that offers support, friendship, and endless opportunities for personal growth. For me, being in a sorority has meant finding a home away from home, where I've built lifelong friendships and developed leadership skills that will serve me well beyond my college years.

Our sororities are all about creating an inclusive and supportive space where every member can flourish. We value academic achievement, community service, and personal growth. Through our events and activities, you'll have the chance to make a difference on our campus and beyond.

Remember, trust the recruitment process, have fun, and most importantly, be yourself. Everything happens for a reason, and each experience will lead you to where you're meant to be. Embrace the journey, enjoy the moments, and trust that you'll find your perfect fit.

I can't wait to see the amazing connections you'll make!

Love always,

*Frida Mitterhofer*

Frida Mitterhofer  
Houston Panhellenic Council President

# WHAT IT MEANS TO BE A SORORITY WOMEN

“Being a sorority woman means being part of a close-knit community that share the same values of sisterhood, leadership, and personal development. Sorority women promote academic excellence, philanthropic efforts, social activities, and fostering lifelong friendships. Joining a sorority was one of the best decisions I’ve ever made, the Greek life community has given me so many friends and growing opportunities.”



**Nyla Nahas**  
**Chapter President, Zeta Tau Alpha**

“Being a sorority woman means different things to each of us and there is no one perfect answer. For me, it means that I know I have a supportive community on campus where I can truly be myself. My sisters are unique individuals, yet in our differences we choose to participate in an organization that brings us together to inspire each other to be the best versions of ourselves, uphold our personal values, and engage in meaningful service and philanthropy. Being a sorority woman signifies that I am part of a sisterhood that fosters personal growth, encourages me to become a leader, and encourages me to actively contribute to both my university and the broader community. Being a sorority woman has given me an overall sense of community, belonging, and life long friendships.”

**Kyra Enders**  
**Chapter President, Delta Zeta**



# WHAT IT MEANS TO BE A SORORITY WOMEN

“When you look up on google, “What it means to be a sorority woman” it says “Bringing strong, educated women together to lift each other up and change the world”. Although this explanation is true, it is not how I would explain a sorority woman. When you actually become one, you see the deeper meaning and impact that it has. Being a sorority woman means becoming and having a support system that you never imagined possible, it means opportunities that pave the way for job and internships of your dreams, it means developing skills and values that will become apart of you forever, it means supporting a philanthropic cause that can change peoples lives, and it means having an unbreakable bond with sisters all over the nation. That is what it means to be a sorority woman to me and I hope it will mean the same to you in the future.”

**Emma Higgins**

**Chapter President, Delta Gamma**



“Being a sorority woman means embracing a lifetime bond with supportive sisters who encourage each other to grow and excel. It's about forming deep friendships during college, sharing experiences, and building connections that last far beyond graduation. Together, we work passionately towards our philanthropic cause, as well as support other Panhellenic Sorority causes.”

**Victoria Navarro**

**Chapter President, Alpha Chi Omega**





# WHAT IT MEANS TO BE A SORORITY WOMEN

“Being a sorority woman means being part of something bigger than yourself. Belonging to a group of women who uphold your values and encourage you to accomplish your goals while creating an enriching environment that supports the woman you are today and pushes you to be the woman you want to become. The Panhellenic community empowers collegians through leadership opportunities, philanthropic efforts, and a dedication to supportive sisterhoods. “

**Audrey Schmidt**  
**Chapter President, Chi Omega**



“To me, being a sorority woman means embracing the values of philanthropy and service. As well as giving back to our community, being a sorority woman means to empower those around you and being the best version of yourself.”

**Claire Zeinieh**  
**Chapter President, Phi Mu**



# FRATERNITY & SORORITY LIFE TRADITIONS

By being a part of Greek life, you will have the opportunity to participate in campus traditions in a different capacity than the general student body. Greek organizations form partnerships and work together to continue these long standing traditions at the University of Houston, while forming great friendships.



## HOMECOMING

**Homecoming** is a week of activities leading up to a football game on Saturday during the fall semester. During the week, there is an ongoing spirit cup competition where student organizations compete to prove that they have the spirit! Activities include community volunteering, a talent show, pep rally, and more!

**Frontier Fiesta** is a 3 day festival that takes place during the spring semester with concerts, performances, foods and more. Organizations team up and work for weeks before hand practicing for variety shows and volunteering their time to help a town call "Fiesta City".



## FRONTIER FIESTA

# TESTIMONIES



During the recruitment process I prioritized seeking a chapter where I could best see myself growing throughout my four years in university. As soon as I met with ZTA, I knew I was surrounded by amazing women who I could look up to and learn from. Zeta Tau Alpha has given me an incredible network of women that has provided mentorship, lifelong friendships, and so many opportunities!

**Isabel Rasmussen**  
Zeta Tau Alpha,  
Fall 2022



I was the first girl in my family to go to college in the US, so I had no idea what to expect from a sorority experience. What helped me during the recruitment process was looking for a place where I could be myself, but at the same time grow, a house where I looked and thought “I want to be like those girls when I’m older”. On top of that, I was a commuter my freshman year so I knew I needed a place that would have my back! Thanks to sorority recruitment, I have made lifelong friendships, grown personally, learned to value giving back and investing in others, and gained skills through director positions. Not to mention the support and connections I got for my professional career like joining the Wolff Center of Entrepreneurship! It’s safe to say that Greek life has enhanced my college experience!

**Paulina Gonzalez**  
Delta Gamma,  
Fall 2021



Joining Greek life at the University of Houston completely molded my college experience. Becoming a sorority woman introduces you to many opportunities such as networking opportunities, scholarships, and overall connection on campus. Having friendly faces on campus such as my sorority sisters and other Panhellenic women makes college feel more like home! If there was one thing I’d change about my sorority experience, it would be that I should have joined sooner!

**Justine McCusker**  
Delta Zeta,  
Spring 2022



# TESTIMONIES



I went through recruitment because coming from out of state, I wanted to find a group of girls who inspired me and accepted every part of me. My experience was half on zoom and half in person, but Alpha Chi made me feel comfortable from the first day. Their Pitbull pre recruitment week theme made me feel like I could fit in, and during the zoom sisterhood round, i felt like I could be completely myself.

The conversations I shared with the sisters of Alpha Chi made me feel like I could grow in this chapter, ultimately becoming the Vice President of Recruitment in 2023 which was incredibly fulfilling.

**Olivia Harris**  
Alpha Chi Omega,  
Fall 2021



I was initially uneasy about the recruitment process when I first registered, but participating turned out to be one of the best decisions I've ever made! Greek life, in general, has enriched my life tremendously by introducing me to some of my closest friends, not only within my own chapter but across the entire Panhellenic community. Through sorority life, I've had the opportunity to grow personally and socially, becoming more outgoing and confident in myself. It's been a transformative experience that has not only expanded my social circle but also allowed me to develop as a more well-rounded individual.

**Hafsa Alrahmani**  
Chi Omega,  
Fall 2022



I still remember how nervous I was during the recruitment process. The anticipation and uncertainty were overwhelming. But as soon as I talked to my sister Regan, I instantly knew Phi Mu was the right place for me. Her warmth, understanding, and genuine kindness made all my anxieties disappear. I was right in trusting my instincts; Phi

Mu has given me friendships that I now consider as family. The bonds I have formed with my sorority sisters are truly special. We support each other in every endeavor, celebrate each other's successes, and provide comfort during challenging times. The sense of belonging and sisterhood is something I will cherish forever. Our commitment to philanthropy and community service has allowed me to give back to the community in meaningful ways.

**Grazielee**  
Valenzuela  
Phi Mu, Fall 2023

# PARENT & GUARDIAN INFORMATION

We are so excited to be able to share this special moment with your daughter. Recruitment can be a long, emotional process. At times your daughter will just need someone to listen to her or talk to about where her head is at in the recruitment process. Even if you, yourself, have never gone through the recruitment process it is important to be willing to understand this process and be patient.

## FINANCES:

Being a member in a sorority requires an investment of time and financial resources! It is best to have this conversation early in the process.

Every sorority is different in what they offer as far as financial assistance and payment plans. If you have any specific questions about finances, please feel free to email our Panhellenic recruitment team!

Should you have any questions, at any time, about the recruitment process your daughter will go through, finances, or overall greek life. Please do not hesitate to email HPC VP of Recruitment, Livia Rosario  
[hpc.recruitment.uh@gmail.com](mailto:hpc.recruitment.uh@gmail.com)



# GREEK DICTIONARY

**Active:** a sorority member currently in college who has been formally initiated by her chapter.

**Alumna:** an initiated sorority member who is no longer active in a collegiate chapter.

**Badge:** a unique insignia of fraternity or sorority membership worn by initiated members.

**Bid:** a formal invitation to join a fraternity or sorority.

**Bid Day:** the last day of recruitment when PNMs receive bids to join chapters and become new members.

**Chapter:** local member group of a national organization.

**Continuous Open Bidding (COB):** a period where a sorority, not at campus total, is able to recruit members. The COB process is less formal and not all chapters may participate.

**Houston Panhellenic Council (HPC):** the governing body of the 6 National Panhellenic Conference sororities at the University of Houston.

**Houston Panhellenic Executive Board:** the 8 undergraduate women that lead the Houston Panhellenic Council.

**Initiation:** a formal ceremony that brings new members into full membership of a fraternity or sorority.

**Legacy:** a PNM whose parent, sibling, or grandparents is an active or alumni member of the organization.

**Membership Recruitment Acceptance Binding**

**Agreement (MRABA):** a document that each PNM completes immediately following selections after Preference round. This is the agreement that states the PNM is willing to accept a bid from any sorority she has listed.

**National Panhellenic Conference (NPC):** founded in 1902, NPC provides support and guidance for its 26 member inter/national sororities and serves as the national voice on contemporary issues of sorority life. NPC serves as the umbrella organization for HPC.

**New Member:** a student who has accepted a bid for membership. After a period of education regarding the fraternity or sorority, ranging from about 6-8 weeks, the student is initiated to become a full member.

**New Member Educator/Director:** a chapter member who has been elected to lead the new member education process and prepare new members for initiation.



# GREEK DICTIONARY

**Philanthropy:** a national and/or local charity that a sorority sponsors, donating time and money through service.

**Potential New Member (PNM):** any woman who is eligible to participate in the primary recruitment process.

**Recruitment:** a designated membership recruitment period during which a series of organized events are held for the purpose of selecting new members.

**Recruitment Counselor (RC):** a sorority member who does not participate in primary recruitment with her chapter, but works with HPC to assist PNMs through the process.

**Round:** a particular day of recruitment. There are four rounds during primary recruitment: Sisterhood Round 1, Sisterhood Round 2, Philanthropy Round, and Preference Round. Events that make up the rounds are called parties

**Total:** the allowable chapter size as determined by NPC's Total Method Setting Team.

## GREEK ALPHABET

Α

Alpha

Β

Beta

Γ

Gamma

Δ

Delta

Ε

Epsilon

Ζ

Zeta

Η

Eta

Θ

Theta

Ι

Iota

Κ

Kappa

Λ

Lambda

Μ

Mu

Ν

Nu

Ξ

Xi

Ο

Omicron

Π

Pi

Ρ

Rho

Σ

Sigma

Υ

Upsilon

Χ

Chi

Φ

Phi

Χ

Chi

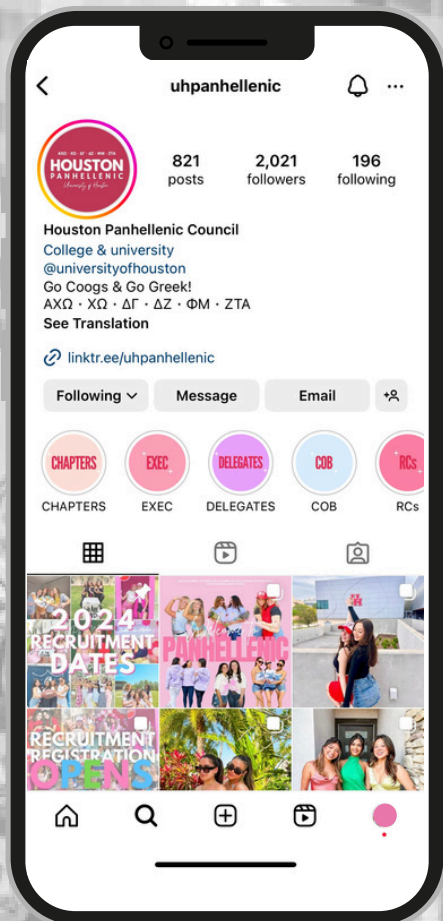
Ψ

Psi

Ω

Omega

# HOW TO STAY CONNECTED WITH HPC



**@uhpanhellenic**

**[www.uhpanhellenic.com/fall-recruitment](http://www.uhpanhellenic.com/fall-recruitment)**

**Registration Link:**

**[www.uhpanhellenic.mycampusdirector2.com](http://www.uhpanhellenic.mycampusdirector2.com)**

**Email:**

**[hpc.recruitment.uh@gmail.com](mailto:hpc.recruitment.uh@gmail.com)**

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Annie Brow Photography**